NAME: Clinical unit/institution

Date of experience

Reflection # \_\_

**Capstone Clinical Judgment Reflection Log**

The reflection should be **typed** and uploaded to Canvas on the due dates specified by your clinical instructor. *The questions are meant to help you unpack and reflect on your critical thinking during your day.* **This should not simply be a summary of your day.**

**Introduction/Background: Think about** a clinical situation with one of your patients that was challenging for you, a learning experience, or notable for some reason.

**RECOGNIZING CUES:**

1. Thinking of all the information received in handoff report, what information was most important/highest priority? List at least 3-5 KEY data points and *explain why these findings were notable.*

**ANALYZING CUES:**

1. Describe how these data informed your patient assessment? (ie How did you **modify** or tailor your routine head to toe assessment to **focus** on specific assessment and questions)?
2. What other information (lab, testing data, information from the RN, etc.) helped you develop a plan of care?

**PREDICTING POTENTIAL COMPLICATIONS:**

1. Based on the information you gathered, what did you determine that the patient at risk for today? (Clinical forethought)
2. What did you decide to do to prevent/manage these complications?
3. Prioritization/TAKE ACTIONAfter assessing your patient, what were your priorities? List 3-4 in order of importance from most important to least important. (Priorities are different from tasks).

1.

2.

3.

4.

**EVALUATION:**

What evaluation data did you collect today for interventions that you implemented? (think medications, pain management, suctioning, ambulation). Based on your evaluation data, what changes to patient care will you (did you) make? What do you/did you need to communicate to the RN?

**REFLECTION: Once you got home, think about your day:**  Overall, what was your biggest take home reflection about *yourself* and your progress toward practice as an RN? How do you feel? Nervous? Excited? What do you need to do to prepare for practice as a nurse? Are there skills that you need reinforcement? Do you have knowledge deficits re meds/pharmacology? What’s your plan to improve?

**SUBMIT THIS REFLECTION AND A COPY OF YOUR SBAR WITH THE CLIENT’S NAME BLACKED OUT.**

Other notes for yourself:

Make a list of medications that your patient was receiving so that you can look them up. Make sure you know class, action, significant side effects, and patient teaching for each med.